

## Agawam Piranha's Rules and Regulations

To promote the safety of our children and allow them the most benefit from each practice session the following rules and regulations will be implemented.

Each parent is required to review the rules and regulations with their swimmers.

- 1.) The Agawam Piranha's swim team will be under the direction of the Agawam Park and Recreation Department.
- 2.) The Agawam Piranha's will abide by the Bylaws of the Pioneer Valley Swim League.
- 3.) Swimmers and parents will adhere to the guidelines set forth in the Piranha's Swim Team Parents and Swimmers Handbook.
- 4.) During swim meets, swimmers shall remain in the designated bullpen area or the bleachers with their parents.
- 5.) During swim practice and meets, swimmers must respect and abide by the direction of the swim coaches and parent committee officers.
- 6.) For practice sessions, each swimmer is to arrive for their scheduled practice no earlier than fifteen minutes before the practice begins, and must leave within fifteen minutes once the swim practice ends. If a swimmer must arrive earlier or leave later than the designated times, the swimmer should notify the coach and/or parent officers and **must** be seated in the bleacher area of the pool (not on the pool deck).
- 7.) During practices, the only individuals permitted on the pool deck area shall be the swimmers, coaches, officers or others at the direction of the coach(s).
- 8.) Swimmers are expected to listen when the coaches are talking. A swimmer who is warned by the coach for talking and being disruptive during practice will be asked to sit out of the pool for 5-10 minutes in the bleachers. If there is a repetitive issue, the coach(s) will discuss with the parent(s).
- 9.) Disregard for the coaching instructions or directions or violation of any of these rules and regulations will require suspension of activities for the swimmer. Lifting of the suspension will only occur when the parent(s) and the swimmer meet with the coach(s) to discuss the suspension and future expectations.

Website: [www.agawampiranhas.com](http://www.agawampiranhas.com)

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